Main Course Wk 3 - Lent - 2025	Sulphur Dioxide	Fish	Crustaceans	Molluscs	Milk	Nuts	Peanuts	Sesame Seeds	Celery	Mustard	Egg	Lupin	**Gluten	Soya		Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts†	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Beef Bolognese	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO			<b>3</b> -1-1-1												
Pepperoni Pizza	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO			*					<u></u>							
Roast Chicken	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO															
Beef/Vegetable/Sweet,Sour Sauce	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO															
Breaded Haddock	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	NO			*			×6									
Spaghetti	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	NO			*												
Garlice Caibatta	NO	NO	NO	NO	MAY	NO	NO	MAY	NO	MAY	MAY	NO	MAY	MAY															
Salad	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO															
Southern Wedges	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	NO			*												
Baked Beans	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO															
Roast Potatoes	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO															
Country Vegetables	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO															
Gravy	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO															
Noodles	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	NO			*												
Prawn Crackers	NO	NO	MAY	NO	NO	MAY	MAY	NO	NO	NO	NO	NO	MAY	NO															
Chunky Chips	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO															
Corn on the Cob																													
			_																										
VEGETARIAN																			00										
Quorn Mince Bolognese	-	NO		NO NO	NO	NO	NO	NO NO	NO	NO	TES	NO	BARLEY	NO			*		ter .			-6							
Margherita Pizza Cheesy Cauliflower/Sw.Potato Bake		NO NO		NO	YES	NO NO	NO NO	NO NO	NO NO	NO NO	NO NO	NO NO	YES	NO NO								5							
		NO		NO	NO	NO	NO	NO	NO	NO	NO	NO	NO.	NO NO															
Fresh Veg/Sweet,Sour Sauce Vegetable Schnitzel		NO		NO	NO	NO	NO NO	NO NO	NO	NCC	NO	NO	NO	YES			*												4
vegetable Schnitzer	TES	NU	NO	NO	NO	INU	INU	INO	INU	163	INU	INU	TES .	163										No.					100
		-	+		+	+	_	+	+	+	+	+	_		_														
		+	+		+	+	+	1	+	+	+	+	+	_	_														
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		+-	+		+	+	+	+	+	+	+	+	+																
			AH - H	·							_	_	_	_	_														
								esent in produc																					
If in doubt about your allergies and a Whilst we take the issue of food aller												list above	e for manua	al updates															
all nut dishes, which are banned, any																													
**Gluten is a protein component of v																													