

Main/Dinner- Wk2 - Lent 2025-Nursery	Sulphur Dioxide	Fish	Crustaceans	Molluscs	Milk	Nuts	Peanuts	Sesame Seeds	Celery	Mustard	Egg	Lupin	**Gluten	Soya		Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts†	Peanuts	Sesame seeds	Soya	Sulphur Dioxide			
Meatballs/Tomato/Basil Sauce	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	NO	Meatballs/Tomato/Basil Sauce	gluten	gluten															
Barbecue Chicken Fajitas	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	NO	Barbecue Chicken Fajitas	gluten	gluten															
Jacket Potato-Cheese/Tuna/Beans	NO	YES	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	Jacket Potato-Cheese/Tuna/Beans	fish milk			fish			milk										
Beef Burger in Bun	NO	NO	NO	NO	NO	NO	NO	MAY	NO	NO	NO	NO	YES	NO	Beef Burger in Bun	gluten sesame	gluten										sesame					
Chicken Goujons	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	NO	Chicken Goujons	gluten	gluten															
Salad	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	Salad																	
Chunky Chips	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	Chunky Chips																	
Sour Cream	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	Sour Cream	milk						milk										
Spaghetti	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	NO	Spaghetti	gluten	gluten															
Garlic Bread	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	NO	Garlic Bread	gluten	gluten															
Cucumber/Pepper	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	Cucumber/Pepper																	
Chips	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	Chips																	
Rice	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	Rice																	
Garlic Mayo	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	Garlic Mayo	mustard								mustard								
Peas	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	Peas																	
Curly Fries	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	NO	Curly Fries	gluten	gluten															
Sausages	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	NO	Sausages	gluten sulphur	gluten															
Chilli Chicken	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	MAY	NO	Chilli Chicken	gluten	gluten															
Chicken Korma	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	Chicken Korma	milk						milk										
Fish Fingers	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	NO	Fish Fingers	gluten fish	gluten		fish													
Crudites/Vegetables	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	Crudites/Vegetables																	
VEGETARIAN																																
Pepper/Onion/Mushroom Pizza	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	NO	Pepper/Onion/Mushroom Pizza	gluten	gluten															
Quorn Balls/Tomato/Basil Sauce	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	NO	Quorn Balls/Tomato/Basil Sauce	gluten	gluten															
Jacket Potato/Cheese/Beans/Tuna	NO	YES	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	Jacket Potato/Cheese/Beans/Tuna	fish milk			fish			milk										
Chilli Ratatouille	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	Chilli Ratatouille																	
Veg Korma	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	Veg Korma	milk						milk										
Vegetable Fingers	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	NO	Vegetable Fingers	gluten	gluten															
Quorn Dippers	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	NO	Quorn Dippers	gluten	gluten															
Quorn Sausages	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	NO	Quorn Sausages	gluten	gluten															
Veg Burger	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	NO	Veg Burger	gluten	gluten															
Wholemeal Bread/Sramb Egg	NO	NO	NO	NO	MAY	NO	NO	NO	NO	NO	YES	NO	YES	YES	Wholemeal Bread/Sramb Egg	gluten eggs milk soya	gluten		eggs			milk						soya				
All allergy information is for actual ingredients present in product at time of sale																																
If in doubt about your allergies and a dish you have eaten before please ensure you have asked staff if they have made product substitutions and check the list above for manual updates																																
Whilst we take the issue of food allergies and intolerances seriously all dishes are prepared in one catering environment. Therefore with the exception of all nut dishes, which are banned, any food items may contain traces of the allergens listed and other allergens we are not required to declare.																																
**Gluten is a protein component of wheat, rye, barley, oats, spelt and kamut																																