Main/Dinner- Wk 3 -Lent- 2025-Nursery	Sulphur Dioxide	Fish	Crustaceans	Molluscs	Milk	Nuts	Peanuts	Sesame Seeds	Celery	Mustard	Egg	Lupin	**Gluten	Soya
Beef Bolognese	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Pepperone Pizza	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO
Roast Chicken	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Sw/ Potato/Carrot/Squash/Lentil Soup	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	MAY	NO
Breaded Haddock	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	NO
Spaghetti	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	NO
Garlic Ciabatta	NO	NO	NO	NO	MAY	NO	NO	MAY	NO	MAY	MAY	NO	YES	MAY
Salad	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Southern Wedges	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	NO
Crudites	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Roast Potatoes	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Country Vegetables	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Gravy	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Baguette	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	MAY
Chunky Chips	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Sweetcorn	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Jct.Potato/Cheese/Tuna/Beans	NO	YES	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO
Beef Chilli	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Cod Goujons	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	NO
Chicken Korma	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	MAY	NO
VEGETARIAN														
Quorn Bolognese	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	NO	BARLEY	NO
Pizza	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO
Cauli Cheese/Sweet Potato Bake	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO
Vegetable Schnitzel	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Veg.Mince Chilli	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	NO	BARLEY	NO
Vegetable Nuggets	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	NO
Veg Korma	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Wholemeal Toast/Egg	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	NO	YES	NO
Vegetables/Rice/Tortilla Chips	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	MAY
Herby Potatoes	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	NO

All allergy information is for actual ingredients present in product at time of sale

If in doubt about your allergies and a dish you have eaten before please ensure you have asked staff if they have made product substitutions and check the list above for manual updates
Whilst we take the issue of food allergies and intolerances seriously all dishes are prepared in one catering environment. Therefore with the exception of
all nut dishes, which are banned, any food items may contain traces of the allergens listed and other allergens we are not required to declare.
**Gluten is a protein component of wheat, rye, barley, oats, spelt and kamut

	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts†	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Beef Bolognese														
Pepperone Pizza		✓					✓							
Roast Chicken														
Sw/ Potato/Carrot/Squash/Lentil Soup														
Breaded Haddock		✓			✓									
Spaghetti		✓												
Garlic Ciabatta		✓												
Salad														
Southern Wedges		✓												
Crudites														
Roast Potatoes														
Country Vegetables														
Gravy														
Baguette		✓												
Chunky Chips														
Sweetcorn														
Jct.Potato/Cheese/Tuna/Beans					✓		✓							
Beef Chilli														
Cod Goujons		✓			✓									
Chicken Korma														
VEGETARIAN														
Quorn Bolognese				✓										
Pizza		✓					✓							
Cauli Cheese/Sweet Potato Bake		✓					✓							
Vegetable Schnitzel														
Veg.Mince Chilli				✓										
Vegetable Nuggets		✓												
Veg Korma														
Wholemeal Toast/Egg		✓		✓										
Vegetables/Rice/Tortilla Chips														
Herby Potatoes														