BREAKFAST HOT SNACKS	Sulphur Dioxide	Fish	Crustaceans	Molluscs	Milk	Nuts	Peanuts	Sesame Seeds	Celery	Mustard	Egg	Lupin	**Gluten	Soya
Croissant													YES	
Croissant - Raspberry														
Croissant - Blueberry														
Pain an Chocolate					YES	MAY					YES		YES	YES
Pan au Raisin					YES						YES		YES	
Weetabix													YES	
Cheerios						MAY							YES	
Coco Pops													YES	
Rice Krispies													YES	
Honey Monster Puffs													YES	
Weetos					YES								YES	
Porridge - Momma					YES		MAY						YES	MAY
Porridge - Quaker					YES								YES	MAY
Toast													YES	YES
Sausage in a Roll	YES												YES	YES
Bacon in a Roll													YES	
Egg and Bacon Roll								MAY			YES		YES	YES
Beef Burger in Bun													YES	
Sausage Baguette								MAY					YES	
Cheese/Ham Baguette					YES			MAY					YES	
Cheese Baguette					YES			MAY					YES	
Sausage Roll-8"					YES								YES	YES
Chicken Burger in a Bun													YES	
Toasted Cheese/Ham					YES	MAY		MAY					YES	YES
Toasted Cheese					YES	MAY		MAY					YES	YES
Cheese/Tomato Pizza					YES								YES	
Jacket Pot/Cheese					YES									
Jacket Pot/Cheese/Ham					YES									
Lamb Samosa					YES								YES	
Vegetable Samosa													YES	
Chicken Samosa					YES								YES	

Pepperoni Pizza				YES								YES	YES
Jam/Marmalade													
Marmite Portion								YES				YES	
Tomato Ketchup													
Brown Sauce												YES	
Butter Portion				YES									
Flora Portion													
Milk				YES									
Baguette/Flora													
Plain Baguette													

## All allergy information is for actual ingredients present in product at time of sale

If in doubt about your allergies and a dish you have eaten before please ensure you have asked staff if they have made product substitutions and check the list above for manual updates Whilst we take the issue of food allergies and intolerances seriously all dishes are prepared in one catering environment. Therefore with the exception of all nut dishes, which are banned, any food items may contain traces of the allergens listed and other allergens we are not required to declare.

\*\*Gluten is a protein component of wheat, rye, barley, oats, spelt and kamut