

Allergens - Camp Menu - October 2024	Sulphur Dioxide	Fish	Crustaceans	Molluscs	Milk	Nuts	Peanuts	Sesame Seeds	Celery	Mustard	Egg	Lupin	**Gluten	Soya
Chicken Thighs	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Fondant Potatoes	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Broccoli/Carrots	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Peas/Corn on the Cob	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Gravy	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Sausages	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	NO
New Potatoes	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Mixed Salad	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Cheese Burger	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO
Brioche Bun	NO	NO	NO	NO	YES	NO	NO	MAY	NO	NO	YES	NO	YES	MAY
Chunky Chips	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Pizza	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO
Chicken Goujons	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	NO
Seasoned Twister Fries	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	NO
Baked Beans	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Quorn Fillets	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	NO
Quorn Sausages	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	NO
Bean Burger	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	NO
Quorn Dippers	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	NO
Caesar Salad	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO
Waffles/Maple Syrup	NO	NO	NO	NO	MAY	NO	NO	NO	NO	NO	YES	NO	YES	NO
Lemon/Chocolate Marble Sponge	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO
Custard	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO
Choc Ice	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	YES
Apple Crumble	NO	NO	NO	NO	MAY	NO	NO	NO	NO	NO	MAY	NO	YES	MAY
Fruit Salad/Ice Cream	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO
All other items see packaging														

**All allergy information is for actual ingredients present in product at time of sale**

If in doubt about your allergies and a dish you have eaten before please ensure you have asked staff if they have made product substitutions and check the list above for manual updates

Whilst we take the issue of food allergies and intolerances seriously all dishes are prepared in one catering environment. Therefore with the exception of all nut dishes, which are banned, any food items may contain traces of the allergens listed and other allergens we are not required to declare.

\*\*Gluten is a protein component of wheat, rye, barley, oats, spelt and kamut