

Allergens - Camp Menu -Winter 2024/25	Sulphur Dioxide	Fish	Crustaceans	Molluscs	Milk	Nuts	Peanuts	Sesame Seeds	Celery	Mustard	Egg	Lupin	**Gluten	Soya
Mixed Meat Pizza					YES								WHEAT	
Beef Chilli														
Cumberland Sausages													YES	
Beef Lasagne					YES								YES	
Chicken Goujons													YES	
Cheese/Tomato Pizza					YES								YES	
Veg Mince Chilli											YES		BARLEY	
Quorn Sausages													WHEAT	
Quorn Mince Lasagne					YES								YES	
Quorn Dippers													WHEAT	
Chunky Chips														
All Vegetables														
Rice														
Tortilla Chips														MAY
Roast Potatoes														
Gravy														
Salad														
Garlic Bread													YES	
Seasoned Twister Fries													YES	
Baked Beans														
Lemon Drizzle Sponge					YES						YES		WHEAT	YES
Chocolate Sauce					YES									
Apple Crumble													YES	
Custard					YES									
Waffles/ Maple Syrup					MAY						YES		WHEAT	YES
Orange/Chocolate Marble Sponge					YES						YES		WHEAT	YES
Choc Ice					YES	MAY								YES

All other items see packaging

All allergy information is for actual ingredients present in product at time of sale

If in doubt about your allergies and a dish you have eaten before please ensure you have asked staff if they have made product substitutions and check the list above for manual updates

Whilst we take the issue of food allergies and intolerances seriously all dishes are prepared in one catering environment. Therefore with the exception of all nut dishes, which are banned, any food items may contain traces of the allergens listed and other allergens we are not required to declare.

**Gluten is a protein component of wheat, rye, barley, oats, spelt and kamut