

Allergens - Cookery Extra - October 2024	Sulphur Dioxide	Fish	Crustaceans	Molluscs	Milk	Nuts	Peanuts	Sesame Seeds	Celery	Mustard	Egg	Lupin	**Gluten	Soya
WEDNESDAY 30th-British Picnic														
Mini Quiche					YES					YES	YES		WHEAT	
Sausage Rolls	YES												WHEAT	
Cornish Pasties													WHEAT	
Baguettes (Filled)		MAY			MAY			MAY		MAY	MAY		WHEAT	
Tarts (Sweet)													WHEAT	
Scones					YES						YES		WHEAT	
Flapjacks					YES								YES	
THURSDAY 31st-Halloween														
Dracula Cookies *					YES						YES		WHEAT	YES
Ghostly Cupcakes					YES						YES		YES	
Pumpkin Krispies*													YES/BARLEY	
Halloween Jelly														
Pastry Snakes					MAY								WHEAT	
* Contains PORK Gelatine														
Sweets for decoration	MAY				MAY								MAY	MAY
Please ask for ALLERGENS														
Gluten/Dairy Free - On request - Notice required														

**All allergy information is for actual ingredients present in product at time of sale**

If in doubt about your allergies and a dish you have eaten before please ensure you have asked staff if they have made product substitutions and check the list above for manual updates  
 Whilst we take the issue of food allergies and intolerances seriously all dishes are prepared in one catering environment. Therefore with the exception of all nut dishes, which are banned, any food items may contain traces of the allergens listed and other allergens we are not required to declare.

\*\*Gluten is a protein component of wheat, rye, barley, oats, spelt and kamut